

Food 4 Thought

PAQ, INC. 100% EMPLOYEE OWNED

SEPT 2025

RANCHO SAN MIGUEL NORTH STOCKTON OPENING THIS FALL!

2323 West Hammer Lane - Stockton, CA

We're proud to announce that Rancho San Miguel Market is opening a brand-new location in Stockton this fall! Spanning 61,000 square feet, the new store will introduce a rich cultural flavor to the shopping experience, delivering a unique destination that has long been missing in North Stockton.

Shoppers can look forward to a full-service Cocina offering a variety of authentic Hispanic dishes, perfect for feeding the entire family. The store will also feature a Panadería with freshly baked breads, pastries, and custom cakes made daily on-site. A full-service meat and seafood department will provide high-quality USDA Choice meats, while the grab-and-go section will showcase freshly prepared items—including a signature salsa and ceviche bar. The produce department will highlight farm-fresh fruits and vegetables, with a focus on seasonal offerings and locally sourced items.

"This expansion is more than just a replacement supermarket—it's a renewed commitment to the communities that have embraced us and helped us grow," said Mike Molinar, CEO of PAQ, Inc. "Every Rancho San Miguel Market is a celebration of culture, family, and food. We're excited to bring that spirit to North Stockton and continue serving the community with high quality, affordable foods."

STAY TUNED FOR MORE GRAND OPENING DETAILS!

Life Assistance

Mutual of Omaha EAP

Phone: (800) 316-2796

Website: mutualofomaha.com/eap

Juggling all the responsibilities in life can feel overwhelming. It's important to have tools and resources to help you in every situation.

EMPLOYEE ASSISTANCE PROGRAM (EAP)

The Employee Assistance Program (EAP) provides 24/7 confidential support to guide you through any issue – from everyday matters to more serious problems.

Experienced representatives can help you in every area of life:

- Three (3) sessions per year (per issue) conducted by either "face-to-face" counseling or video telehealth via a secure, HIPAA compliant portal
- Emotional/psychological issues
- Marital or family conflicts
- Child care and elder care concerns
- Stress, anxiety, depression, grief, and other emotional issues
- Alcohol and drug abuse
- Legal questions or concerns
- Personal and life improvement
- Financial problems

ADDITIONAL EAP SERVICES

You don't have to handle anything alone. Should you need it, the EAP also provides short-term counseling in person and on the phone. You can also access:

- Legal resources, including a consultation with a legal professional
- Financial resources, including a consultation with a financial planner
- Work/life resources
- Online will preparation

Don't hesitate to reach out to EAP with any questions or concerns.

Have you downloaded the F4L New APP yet?
Be sure to check it out...and don't forget to spread the word to your family & friends!



**SIGN UP TODAY AND RECEIVE
\$10 OFF**
YOUR FIRST IN-STORE PURCHASE OR
ONLINE ORDER OF \$50 OR MORE

★ ★ Happy Labor Day! ★ ★

COMING IN OCTOBER - HEALTH EVALUATIONS



FOOD 4 LESS / RANCHO SAN MIGUEL MARKETS
Health Evaluations for Employees



October/November 2025						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
	Health Evaluations are generally from 6 am to 10:50 am. See your location flyer for exact details.		1 #22 RSM Lodi	2 #7 Los Banos #4 Weston Ranch	3 RSC Lodi #9 Ceres	4
5	6 #25 Greenfield	7	8 #12 Paso Robles	9 #23 Merced	10 #11 San Luis Obispo #2 Wilson Way	11
12	13 #13 Arroyo Grande #3 Lodi F4L	14	15 #24 Madera	16 #16 Rancho Cordova #6 Manteca	17 #27 Livingston #1 March Lane #28 Broadway	18
19	20 #21 RSM Stockton #17 Fairfield	21 #14 Mack Rd	22 #15 Rio Linda	23 #10 Atascadero	24	25
26	27	28 #8 Salinas	29 Warehouse Lathrop	30	31	1
2	3	4	5 NOVEMBER #5 Hammer Lane			

EARN A \$10 PAYCHECK REDUCTION IN BENEFITS COST SHARE - REGISTER AT:

paqhealthy4Life.com or scan code



BACK TO BASICS: REMINDERS OF THINGS TO PAY ATTENTION TO REGULARLY...

- Is the store Fresh & Alive at 5:00?
- Is the store and your work area organized and ready for customers?
- Are we getting our customers cashed out accurately and quickly?
- Are all employees who can cashier on a register when our lines become long?
- Are all product holes filled overnight so the morning is ready for our customers?
- Are we making sure our restrooms are clean and not in disrepair?
- Are carts are gathered for customers throughout the day and our parking lots free of trash?

What other areas can we pay attention to and improve so our customers have a GREAT shopping experience?

**Remember every little bit helps to
Generate Customer Loyalty and Increase Our ESOP Share Value!!**

★ ★ *Happy Labor Day!* ★ ★