

COVID-19 Vaccine Available to Grocery Workers in February

Beginning mid-February, California will implement a statewide standard under which Phase 1B, Tier I essential workers, including grocery workers, will be eligible to start making appointments to receive the vaccine, pending vaccine availability. It was recently announced that California has developed the My Turn website pilot. This website is to be used by Californians to check when they are eligible to be vaccinated and make appointments. Individuals can visit myturn.ca.gov to register to be notified when they are eligible to get the COVID- 19 vac-cine.

Vaccines will be provided by public health systems, pharmacies, health systems, public hospitals, community health centers, pharmacies and pop-up and mobile sites, to be announced.

COVID-19 Vaccine Update

California Department of Public Health has developed a statewide COVID-19 vaccine distribution network. The state will begin vaccinating Phase 1B, Tier I essential workers, including grocery workers in March. The exact date has not been determined at this time. We are working with various facilities in areas that we do business in for our employees to get their COVID-19 vaccines. At some locations the shots will be administered at our stores. For others it will require employees to travel to a designated pharmacy. The details are still being worked out. The biggest challenge that providers are facing is that the COVID-19 vaccine needs to be storage at below freezing temperatures and that each vile has ten doses in it. Once it is opened all ten doses need to be administered at once. So, we need to know in advance how many employees want the vaccine. Sign up is a must! It is extremely important for you to talk to your supervisor or Store Director if you are interested in receiving the COVID-19 vaccine. Once we have employee totals and COVID-19 vaccine availability date information, we will notify everyone with their vaccine appointment time.

COVID-19 Reminder:

- Each day wipe down surfaces and equipment in your work area once a day.
- Clean your hands often with soap and water, vigorously rubbing together front and back for 20 seconds. If you use alcohol-based hand sanitizers, rub your hands together until they are dry.
- Avoid touching your eyes, nose or mouth. That is the major entry point for germs.

- Practice Social Distancing in the breakroom, conference room, copy room and even in the hallways. Don't congregate in the breakroom. Stagger your breaks and lunches so you're able to maintain a 6- foot distance from one another. Don't congregate in the hallways. Wait for others to pass before entering a busy hallway.
- While at work always wear your face mask (or shield). It needs to cover your mouth and nose.
- Cover your mouth and nose when you sneeze or cough. Make sure if you use a tissue, you immediately throw it away in the garbage. If there is no tissue available - sneeze or cough into your arm or sleeve.
- Avoid sharing personal items with each other (i.e. dishes, cups, utensils, towels, etc.)
- And finally - **STAY HOME WHEN YOU ARE SICK AND CHECK WITH YOUR HEALTH CARE PROVIDER WHEN NEEDED.** When you are sick or have flu like symptoms, stay home, get plenty of rest.